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## **Anti Stress Dot To Dot**

Anti-Stress Dot-To-Dot. If you read my previous post, you will know I have been feeling a little stressed lately. One of my stress reducing ideas was to have regular breaks from studying and go do something different. So that is exactly what I have done this week.

## **Anti-Stress Dot-To-Dot - Hello Bexa**

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Relax and de-stress as you gradually join the dots to reveal striking pictures and scenes which once completed can also be coloured in if you wish. With over 20,000 dots to join this is a perfect way to unwind and take some calming, relaxi  
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minutes of peace and calm.

**Anti-Stress Dot-to-Dot : Emily Wallis  
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**Anti-Stress Dot To Dot : Christina  
Rose : 9781910771952**

A sophisticated and beautiful dot-to-dot illustration book from Emily Wallis, the dot-to-dot artist featured in Mrs Hinch: The Activity Journal

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buildings and gorgeous scenes from nature, this book is a window to a few minutes of peace and calm.

### **Anti-Stress Dot-to-Dot Free Pattern Download - WHSmith Blog**

Emily Wallis' Anti-Stress Dot-to-Dot is quite individual. Adult colouring books have been around for a long time, and dot-to-dot books are just coming into fashion - but this is fantastic. It's all done in one line, unlike others, and I love the gradual realisation of what it is you're creating (unlike some books where you can cheat and look at the back!).

### **Anti-Stress Dot-to-Dot: Beautiful, Calming Pictures to ...**

Anti-Stress Dot-to-Dot by Emily Wallis is full of sophisticated dot-to-dot illustrations for you to complete yourself. Featuring majestic animals, elegant buildings and gorgeous scenes from nature, this book is a window to a few minutes of peace and calm.

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### **Amazon.com: Anti-Stress Dot To Dot: Relaxing ...**

Anti-Stress Dot-to-Dot by Emily Milne Wallis is full of sophisticated dot-to-dot

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### **Anti-Stress Dot-to-Dot by Emily Milne Wallis ...**

Enjoy the best dot to dot game from the creators of very popular relaxing Dot To Dot Count To 100 Dot To Dot Count To 100 Will make you Forget about stress and let Dot To Dot Count To 100 be your personal therapist. One of the best anti-stress dot to dot books will help you to be relaxed and gives you great brain training.

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## **Anti-Stress Dot To Dot : Relaxing & Inspirational Adult ...**

Anti-Stress Dot-to-Dot by Emily Wallis is full of sophisticated dot-to-dot illustrations for you to complete yourself. Featuring majestic animals, elegant buildings and gorgeous scenes from nature, this book is a window to a few minutes of peace and calm. De-stress and lose yourself to the task of joining the dots and revealing the stunning ...

## **Anti-Stress Dot-to-Dot: Beautiful,**



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### **Anti-Stress Dot-to-Dot: Beautiful, Calming Pictures to ...**

Plus, this stress relief app is constantly updated with new antistress toys every 2 weeks, to help you calm down your anxiety with always fresh contents, like

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finger spinner, finger cube, slime and a bunch of anxiety free toys.

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